

Packing List – Iceland



Helpful Packing Tips

- Don't forget your passport! Be sure that the name on your passport matches the name on your airplane ticket exactly.
- Put your full name on all personal items.
- Dress in layers and have two pairs of socks per day. Jeans are discouraged.
- But, don't over pack! A common mistake is to take too many clothes, unnecessary toiletries, etc. **You must be able to carry your own luggage.** Usually one suitcase and a backpack are sufficient.
- Be sure to follow TSA restrictions on the amount of liquids or gels that can be packed in carry-on bags. Each passenger is limited to bringing a single 1-quart-sized zip-top clear plastic bag with 3.4-ounce bottles or less.
- Don't forget that WorldStrides doesn't cover checked baggage fees. To avoid these fees, you may bring a carry-on suitcase and a backpack on the plane at no extra cost.

Suggested Items to Bring

- Passport and two black and white photocopies of passport
- Rain jacket/poncho
- Sweaters/sweatshirts
- Comfortable waterproof hiking shoes
- Swimsuit
- Undergarments/Socks
- Three pairs of pants for hiking
- Sleepwear
- Spending money
- Hat (for warmth)
- Sunscreen
- Sunglasses with strap
- Camera and charger or batteries
- Toiletries (don't forget hair conditioner!)
- Small backpack or daypack
- Plastic water bottle that fits in pack
- Pen or pencil
- Gloves
- Scarf
- Flip flops (for showering at the Blue Lagoon)
- Ear buds (for movies on the plane)
- Hair dryer for hotel
- European plug adapter
- Phone charger
- Discovery Journal
- Three gallon-sized bags for wet clothes and to protect your Discovery Journal

Optional Items

- Prepaid phone card and postcard stamps (purchase in Iceland)
- Travel alarm clock/watch
- Dramamine pills
- Snacks for plane ride



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